

Collaboration of Care For Patients with Mental Illness Across the Health System

Catholic Health Services of Long Island
Mercy Hospital
Catholic Health Home Care

April 7, 2022

**Statewide Hospital-Home Care Collaborative
for COVID-19 and Beyond**



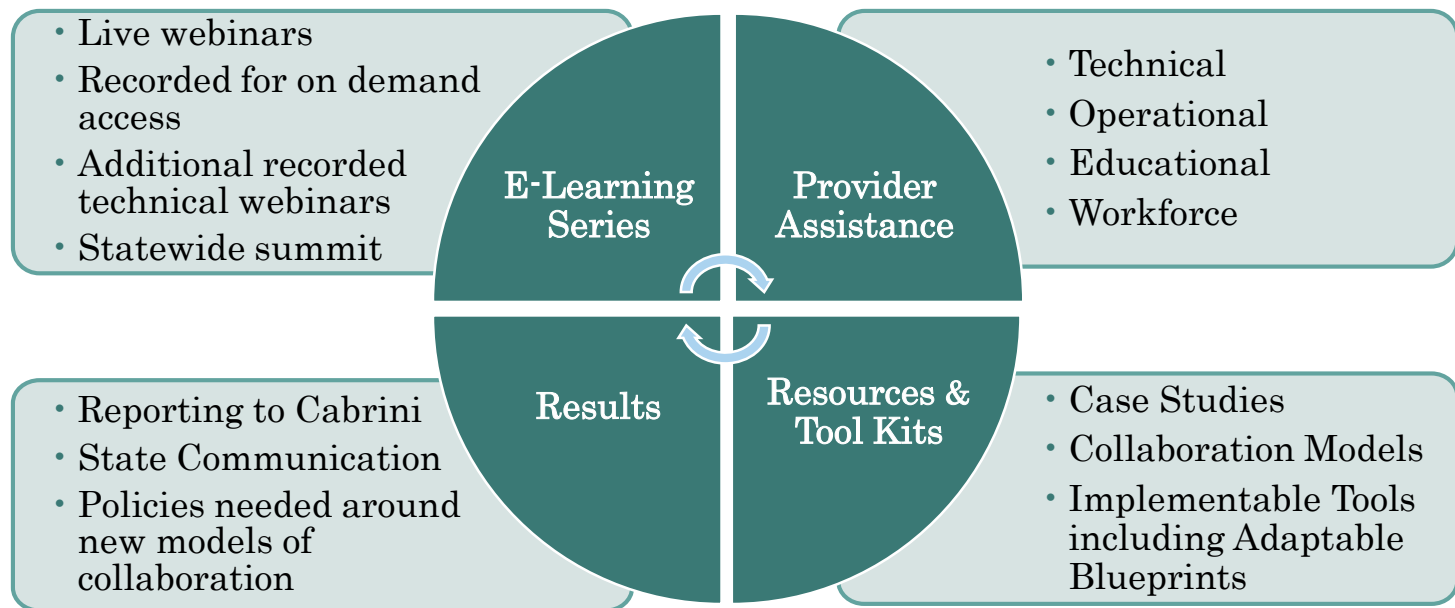
Support for this statewide collaborative training is provided through a generous grant from the Mother Cabrini Health Foundation.

Acknowledgement

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Thank you to the Foundation for its generous support.

Overall Goal and Components of Grant

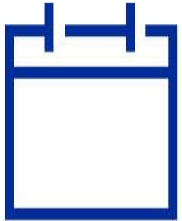
Creation of a Hospital-Home Care Collaborative to advance statewide systemic collaboration in pre-acute and post-acute care for COVID and beyond.



Collaboration of Care for Patients with Mental Illness Across the Health System



Today's Agenda



1. Care in the Acute Care Environment
 - Lawrence Ferber, PhD
2. Care moves to the Out Patient Environment
 - David Flomenhaft, LCSW, PhD
3. Caring for patients at Home
 - Cynthia Reese, RN, BSN, PMH-BC

What is Catholic Health???

- Health system on Long Island
- Includes 6 hospitals
 - Mercy Hospital
 - St Francis Hospital
 - St Joseph's Hospital
 - St Catherine's Hospital
 - St Charles Hospital
 - Good Samaritan Hospital
- Catholic Health Home Care
- Good Shepherd Hospice
- 3 Skilled Nursing Homes
 - Good Samaritan NH, St Catherine's NH and Our Lady of Consolation NH

Caring for Patients with Mental Illness in the Acute Care Environment Central Intake

Lawrence Ferber, Ph.D.

The Formula for Central Intake Services

- 10/05/15-brought on board to help develop a BH CIS
- And create Externship/Internship/Practicum Training Program
- The BH CIS line was originally designed to lower the acuity in all 6 CH ED's
- Via prioritizing transfers of all in-patient psych pts, & prevent leakage within CH

- Over 100 students' have enrolled and worked under my supervision
- The Externs are graduate students that provide 2 groups daily, & 1:1 therapy
- Working out of a CBT theoretical framework with motivational interviewing

- 1st thing was to combine Crisis Team Liaisons at Mercy & join forces with Saint Catherine's of Sienna as we began working with all CH social workers

Goals for CIS & Student Externship

- Decant & Increase Safety in ED's, Prevent Leakage, & Provide Continuity of Care for all psychiatric patients needing inpatient tx
- Streamline the CI process-obtain DOC's privileges for psychiatrists
- Team building-met with s/w from all 6 hospitals bi-monthly
- Externship has consistently help to lower 3K LOS with CBT added to the patient medicine regimen
- In December 2016 Tele-psychiatry was initiated on weekend evenings

Caring for Patients with Mental Illness in the Out Patient Environment

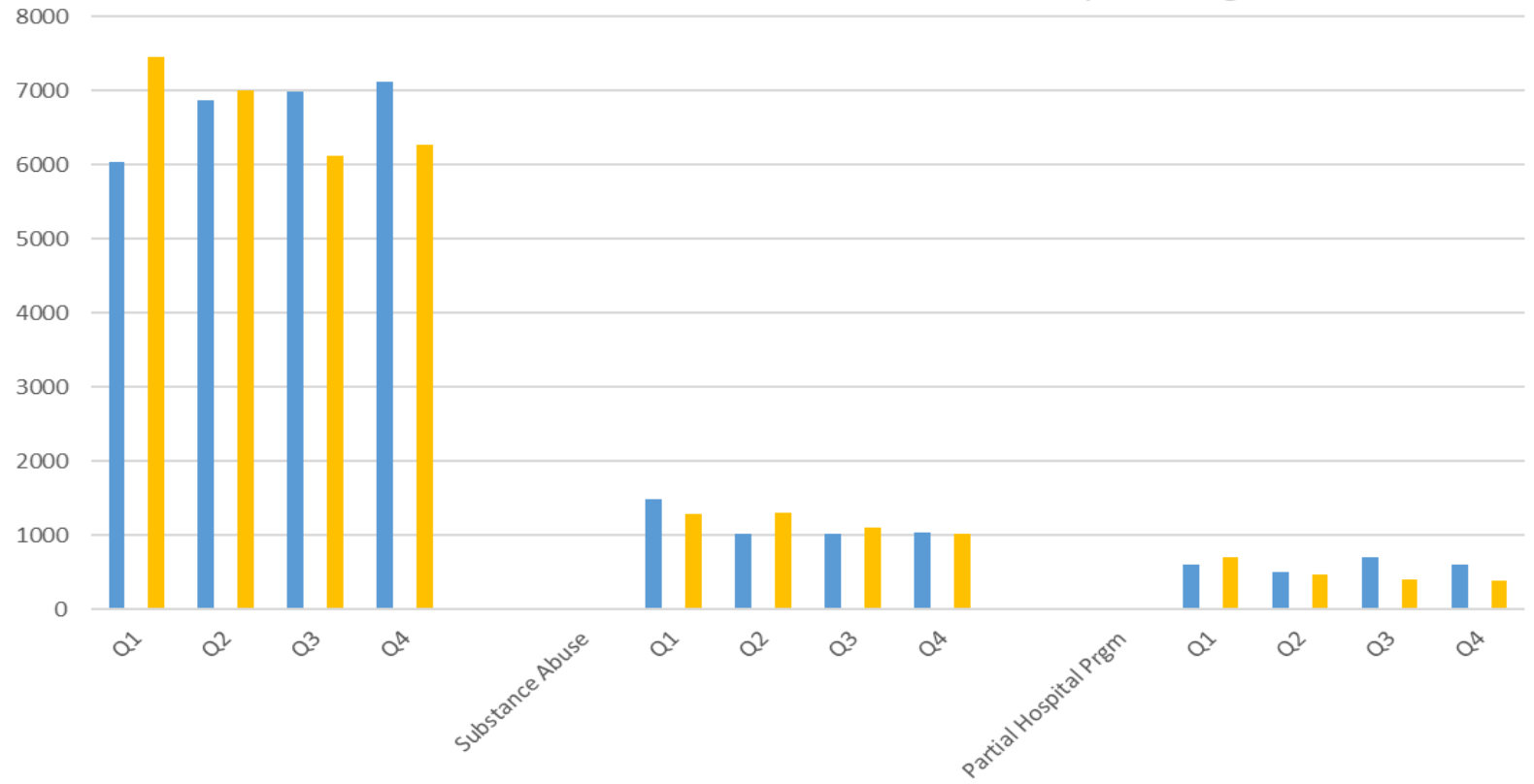
David Flomenhaft, LCSW, PhD

Mercy Hospital Behavioral Health Services Telehealth expansion

- Telehealth initiated in March 2020 during work from home transition.
- Obtained OASAS grant of \$15,000 for telehealth devices and software
- Teladoc was platform for Psychiatric Services and Individual Therapy. Zoom platform used for group therapy.
- NYS OMH and NYS OASAS Telehealth and Telepractice license certifications with accompanying policy and procedure array were approved and adopted in 2020.
- Use of Telehealth increased BH services by 30% in 2020. Patients had increased access and reduced cancellation impact.
- Telehealth continues to be a standard of care for patients unable to attend in person services.

Mercy Hospital BHS Annual Service Volume 2020-2021

Meantl Health Clinic, Substance Abuse Svc, Partial Hospital Program



Caring for Patients with Mental Illness in the Home Environment

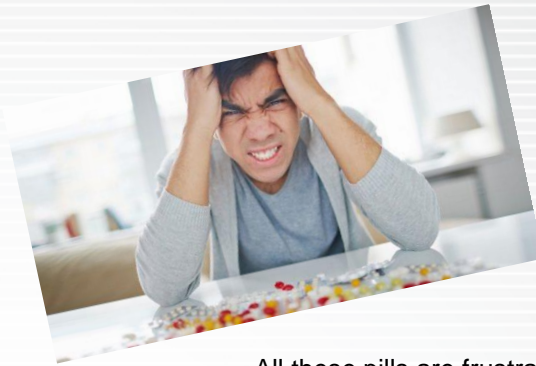
Cynthia Reese, BSN, RN, PMH-BC

Behavioral Health Program

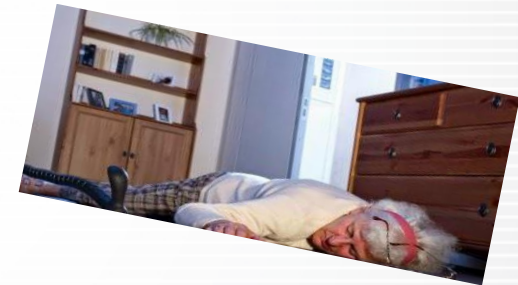
Why:

- Successful transition between hospital and home

- Knowledge deficit



All these pills are frustrating and making me angry



I know I should use my cane but it makes me feel old

Behavioral Health Program

Rationale:

- Cost Savings
- Decreasing readmissions



Behavioral Health Program

Goal:

The Behavioral Health Home Care Program will act as a tool for both families and patients.

The goal of this program is:

- Assessment and supportive treatment of individuals within the community.
- Education of family members and patients concerning the nature of their illness and the available treatments
- Provision of “bridge” services to individuals and follow up for patients in the community until they successfully connect with community-based outpatient programming
- Facilitation of interdisciplinary collaboration across the continuum of care.



Behavioral Health Program

Identification of Behavioral needs:

Process:

- All patients admitted to Catholic Health Home Care are screened using the PHQ-2. The PHQ-2 is a depression screen which asks 2 questions

- ◀ **Have you had little interest or pleasure in doing things**
- ◀ **Have you been feeling down, depressed or hopeless**

Questions are asked by the interviewer during initial assessment and referencing specific time frames in which patient may be having these feelings. Each time frame is assigned a score, and if patient scores a 3 or above they are then referred to the behavior health program for an evaluation by the behavior health nurse.



Behavioral Health Nurse Benefits

- Assess medication compliance
- Evaluate medication effectiveness
- Assess mood, affect and behavior for changes
- Assess for suicidality
- Liaison between Physician, Outpatient Services and patient
- Coordinate other CHHA services as needed



Case Studies:

Hospital Referral:

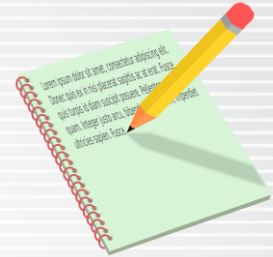
JD-37 yr old male primary dx right breast cancer with mets to brain causing blindness. Lives with spouse and 2 young children aged 3 & 7. Declines hospice at this time as actively seeking and participating in treatment

Psychiatric Unit referral :

NN-33 yr old female primary dx BiPolar Disorder , severe depression without psychotic features. Received first deconate injection in hospital needing monthly Abilify injections.

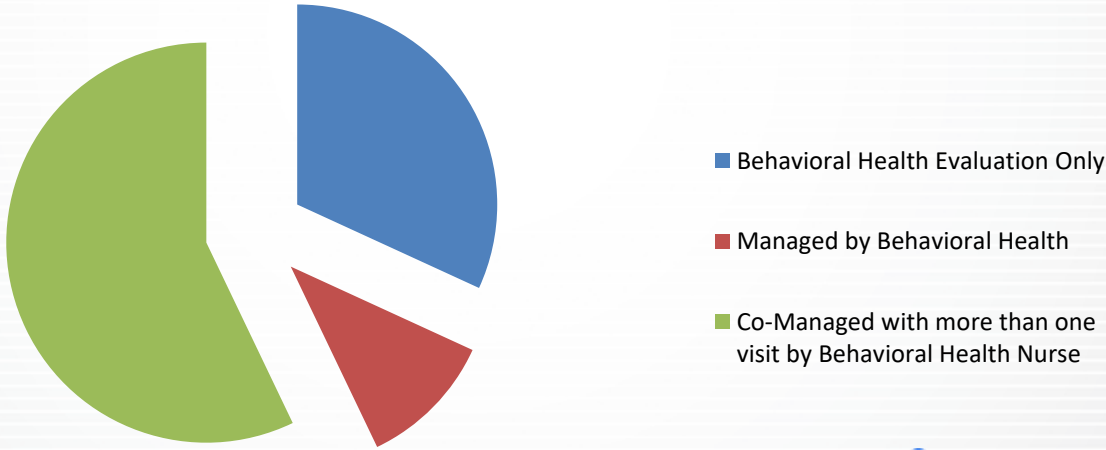
CHHA Team referral:

93 yr old female primary dx osterarthritis L-knee, pressure ulcer to heel. Lives with daughter scored 4 on PHQ-2 referred due to tearful and feeling like a burden



Catholic Home Care Referrals

	2018		2019		2020		2021		Total	
Total number of patients referred to Behavioral Health Program	2289		2180		2104		1918		8491	
Behavioral Health Evaluation Only	533	46%	565	48%	671	43%	616	47%	2385	28%
Managed by Behavioral Health	203	10%	205	9%	232	9%	187	8%	827	10%
Co-Managed with more than one visit by Behavioral Health Nurse	1553	39%	1286	38%	1201	44%	237	40%	4277	50%



Behavioral Health Program

Collaborative projects within the agency:

- **Better Breathing Now Program-COPD**

- assist in decreasing re-hospitalization rate
- assist in decreasing anxiety related symptoms

- **Mother/Baby**

- screen for post partum depression
- provide counseling related to preeclampsia dx

- **Covid program**

- providing supportive therapy related to a covid dx and inpatient stay
- providing supportive therapy related to a covid expiration



Behavioral Health Program



Barriers to Program:

- *Lack of home visiting mental health services:*
- COVID
- *Primary Mds not willing to order certain medications:*
- Stigma
- Lack of Available outpatient resources



Opportunities for the future:



- Addition of a Psychiatric Nurse Practitioner to the organization
- Addition of telemonitoring equipment
- Apply for Grants :
 - to assist patients to off set cost of homecare visit either when they no longer are homebound or when their insurance company will not provide for in home Behavior Health visits



Questions:

Questions???



Statewide Summit

Name of Session	Collaborating Organizations	Date
STATEWIDE SUMMIT ON WORKFORCE	Overview DOH/State Officials Perspectives National Perspectives Perspectives from the Professions Models for Workforce Development Summary and Next Steps	May 26, 2022 9 am-12:30 pm

Next Scheduled Webinar Series

Name of Session	Collaborating Organizations	Date**
EPIC Integration	Montefiore Hospital Montefiore Home Care	To be determined

** All events are from noon to 1pm



Important Links

RESOURCE PAGE

<https://hca-nys.org/statewide-hospital-home-care-collaborative>

<https://www.iroquois.org/hospital-homecarecollaboration/>

https://www.hanys.org/quality/patient_safety/

Statewide Hospital-Home Care Collaborative for COVID-19 and Beyond



CORE PARTNERS



Support for this statewide collaborative training is provided through a generous grant from the Mother Cabrini Health Foundation.

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